

Nutrition Facts

Serving Size 1 Bar (50g)

Servings Per Container 1

Amount Per Serving

Calories 190 Calories from Fat 60

%Daily Value*

Total Fat 6g **10%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 10mg **4%**

Sodium 210mg **9%**

Potassium 120mg **3%**

Total Carbohydrate 17g **6%**

Dietary Fiber 1g **5%**

Sugars 2g

Sugar Alcohol 6g

Protein 20g **29%**

Vitamin A 25% Vitamin C 20%

Calcium 25% Iron 10%

Vitamin E 25% Thiamin 25%

Riboflavin 25% Niacin 30%

Vitamin B-6 25% Folic Acid 25%

Vitamin B-12 25% Biotin 25%

Pantothenic Acid 25% Phosphorus 10%

Iodine 20% Magnesium 8%

Zinc 25% Copper 30%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less Than 65g 80g

Sat Fat Less Than 20g 25g

Cholesterol Less Than 300mg 300mg

Sodium Less Than 2,400mg 2,400mg

Potassium 3,500mg 3,500mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Protein 50g 65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Chocolate Coating (Maltitol, Fractionated Palm Kernel Oil, Whey Protein Concentrate, Cocoa (processed with alkali), Calcium Carbonate, Natural Flavor, Soy Lecithin, Sucralose), Hydrolyzed Collagen, Peanut Flour, Protein Blend (Whey Protein Hydrolysate, Whey Protein Isolate), Glycerin, Maltitol Syrup, Soy Crisps (Soy Protein Isolate, Tapioca Starch, Salt), Water, Peanuts, Peanut Oil, Sucrose, Salt, Natural Flavor, Calcium Carbonate, Vitamin and Mineral Blend (Ascorbic Acid, Tricalcium Phosphate, d-Alpha Tocopheryl Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, d-Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Folic Acid, Biotin, Potassium Iodide, Cyanocobalamin), Sucralose, Soy Lecithin, Milk Protein Isolate, Wheat Germ, Almond Meal.

Directions: Adults, for best results drink 8 fl. ounces of water or other liquid with this bar.

WARNING: This product contains sugar alcohols, which may cause gastrointestinal discomfort. Excessive consumption may have a laxative effect.

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Questions? Call toll free **1-800-854-5019**
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