

**Pure Protein® Shakes** were developed as a great-tasting way to supplement your protein needs and provide a healthy option for pre/post-workouts. You know that protein is essential for optimal body function, strength, muscle tone and lean body mass. Well, with our shakes, protein never tasted so good! And, the shakes help satisfy your appetite as a snack while providing an excellent source of calcium to help build strong bones. With 35 grams of protein, 1 gram of carbs for low carb lifestyles, NO added sugar\*\* and NO aspartame.....it is time for you to EAT GOOD and LOOK GREAT!

**Directions:** For adult use, drink 1 can as a high protein snack.

**Shake Gently**  
Serve Chilled

Contents Under Pressure;  
Open Slowly to Reduce  
Potential Splashing

Refrigerate After Opening

**KEEP OUT OF REACH  
OF CHILDREN**

\*\*Not a low calorie food. See Nutrition Facts for further information on sugar and calorie content.

**Eat Good. Look Great.**  
**PURE PROTEIN®**  
**Shake**

**35** Grams of Protein  
**1** Gram of Carbs

**Banana Cream**  
Artificially Flavored



**11 FL. OZ.**  
**(325 mL)**

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

**Nutrition Facts**

Serving Size 1 Can

**Amount Per Serving**

**Calories** 150      Calories from Fat 10

**Total Fat** 1g      **% Daily Value\***

Saturated Fat 0g      **2%**

Trans Fat 0g      **0%**

**Cholesterol** 15mg      **5%**

**Sodium** 150mg      **6%**

**Potassium** 280mg      **8%**

**Total Carbohydrate** 1g      **0%**

Dietary Fiber 0g      **0%**

Sugars 1g

**Protein** 35g      **70%**

Vitamin A 0%      Vitamin C 0%

Calcium 90%      Iron 4%

Phosphorus 50%      Magnesium 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Water, Protein Blend (Milk Protein Concentrate, Calcium Caseinate), Tricalcium Phosphate, Dipotassium Phosphate, Soybean Oil, Salt, Artificial Flavors (contains caramel color), Sodium Citrate, Sucralose, Carrageenan, Acesulfame Potassium, FD&C Yellow #5.

Contains milk and soy ingredients.

For questions or reorders call:  
1-800-854-5019 or visit our website at  
[www.sportnutrition.com](http://www.sportnutrition.com) or  
[www.eatgoodlookgreat.com](http://www.eatgoodlookgreat.com)



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